



1ST ANNUAL
VHCA Crusader Classic 5K!
Saturday, May 18th 2019
10:00 AM

For 16 years, Valley Heights Christian Academy has held it's annual walk-a-thon event as an opportunity for its students to gather sponsors to help raise money for their school. Please join us for our 17th year as we add our first 5K run/walk event, the 2019 Crusader Classic!

The 5K starts at the Tops parking lot at 54 East Main Street in Norwich and will finish at the Chenango County Fairgrounds at 168 East Main Street.

Packet pick-up and registration:

Packet pickup will be the morning of the race starting at 9:00am and we ask that all runners be signed in no later than 9:45am.

OFFICIAL ENTRY FORM (One per person)

NAME: (Please print clearly)

AGE ON RACE DAY: _____ MALE FEMALE

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

E-MAIL: _____

PHONE: _____

EMERGENCY CONTACT NAME AND NUMBER:

PAYMENT METHOD:

Cash Check

Amount Enclosed: _____ Check Number: _____

Please make checks payable to Valley Heights Christian Academy.

LIABILITY WAIVER

In consideration of my entry being accepted, I hereby, for myself and my heirs, waive and release any and all my rights and or claims for damages that I may have against the sponsors of this race, and/or Valley Heights Christian Academy, for any injuries that I may suffer in connection with any participation in the Crusader Classic 5K. The applicant and his/her dependents assume all risks, injuries and property damage acquired while participating in the Crusader Classic 5K. By signing my name below, I hereby certify that I have read, understand and agree with all the terms and conditions within this release, and do intend to be legally bound thereby. All proceeds from entry into this event will cover the cost of this event, and any funds remaining will benefit Valley Heights Christian Academy. Event fees are not transferable to another entrant.

Signature _____ (If under 18 years of age legal guardian must sign.)

Mail to or drop off: VHCA, 75 Calvary Drive, Norwich, NY 13815

Register online at <https://runsignup.com/Race/NY/Norwich/2019VHCACC>

Mail-in registrations must be postmarked by Monday, May 6th, 2018.

CONTACT: info@vhcaonline.com • 607-336-8422

ENTRY FEE: \$25

Unisex Shirt Size:

S M L XL

**Registrations received after
May 1st are not guaranteed a
shirt.**