

Did you know...

there is a VHCA Cookbook that has over 260 recipes from appetizers to desserts, including some really helpful items in the "This and That" section.

Keep in mind, cookbooks make great gifts throughout the year.

They are available in the school office and can be purchased for

ONLY \$10.00 each!

Here are a couple recipes from our cookbook we thought you might enjoy:

Awesome Meatballs

Submitted by Michele Evans

- 1 pkg. frozen meatballs (96 count) or homemade meatballs, cooked
- 1 jar chili sauce
- 1 med. Size jar grape jelly
- 1 c. ketchup

Thaw frozen meatballs in refrigerator overnight. Put meatballs in large crockpot. In large mixing bowl combine chili sauce, grape jelly, and ketchup until almost smooth. Pout over the meatballs and mix. Cook on high for 3 hours or low for 45 hours, or until meatballs are hot. Serve with toothpicks or over cooked egg noodles.

Salsa Dip

Submitted by Juliana Postma

- 8 oz cream cheese, softened
- 1 jar salsa
- 1 green pepper, chopped
- 1 tomato, chopped
- 1 can black olives, drained and sliced
- 1 pkg. jalapeno cheese, shredded

Spread cream cheese over the bottom of a pizza pan, (thin layer). Pour jar of salsa and spread over cream cheese. Sprinkle peppers, tomatoes, and olives. Top with shredded cheese and chill. Serve with tortilla chips.

Elementary News...

The 5th and 6th grades have been learning about ancient Egypt. They had the opportunity to work through a virtual lab of the mummification process. Afterward, they had fun making their own mummy! Madison Lawrence is pictured with her Mummy, Paige Proskine.



The elementary classes got to play a life-size game of Hungry Hungry Hippos in gym recently. It looks like they "had a ball"! Thanks to Mrs. Downey for being our gym teacher and having great ideas!

Important Upcoming Dates

- Feb. 15th & 16th:** No School for Presidents Recess
- Feb. 26th:** BaYouCa Snow Day
- Mar. 3rd & 4th:** No School for Pocono's Tournament
- March 14th:** Basketball Awards Night
- Mar. 18th:** Full Day of School
- Mar. 18th:** 10th Annual Spring Fling Brooks BBQ & Silent Auction Baskets
- April 19th:** 21st: IOWA Testing
- May 21st:** Annual Walk-a-thon



HOME MEMO

January 29, 2016

Valley Heights Christian Academy

75 Calvary Drive, Norwich NY 13815 - 607-336-8422

WE NEED YOUR HELP!

The 2016 Empire State Christian Athletic League (ESCAL) will be hosting their annual All Star Basketball Games at our home facility (DCMO BOCES) right here in Norwich. We have an opportunity to provide the concessions for both boys and girls games. So WE NEED YOU!

If you can make something for us to sell to spectators (hot dishes, baked items, or donate water/soda/gatorade), contact Beth Rose, Beth DuVall, or Scott Montgomery as soon as possible to sign up.

The games are scheduled for Friday, February 26, 2016. This has the potential to be a HUGE fundraiser for the VHCA Sports Booster Club. We also could use your help in working the concession stand. If you have a boy on the team, maybe you'd consider working the girls game. If you have a girl on the team, maybe you'd consider working the boys game.

We look forward to a big response from all you Crusader fans! Contact the booster club officers listed above or call the school office to sign up to help in whatever way you can!

Basketball Awards Night

You are invited to attend the **Basketball Awards Ceremony on Monday, March 14 at 7:00 p.m. in the VHCA gymnasium.** Families are asked to bring a dessert to share.

COMMUNITY SERVICE



Calvary Baptist Church hosts a Community Care Program the third Monday of every month. This program is an outreach to families in the community who are in need of food and household product to help them make ends meet on a month by month basis. As part of VHCA Christian Service our 7th - 12th grade students & teachers spend 1 ½ hours helping to get the items set out in preparation for the distribution that takes place later that evening.

Above you can see Ryan and Mrs. Brooks sorting out the snacks, with Tyler Wood working in the background. Jordan Graham is pictured below as he stacks rolls of toilet paper.





Just a
THOUGHT
from the Administrator's Office

It's hard to believe that we are half-way through this school year. And it's hard to believe that we're at the end of January. Let me ask you this question: "How are your New Year's Resolutions going?" This question reminded me of a story someone told me. Let me share it with you.

There was a pastor who had a fish tank in his office. Upon returning from a trip, he noticed something wrong with the fish. The fish looked like they were suffering. They were all together at the bottom of the tank and they weren't moving. What they were doing was dying. So the pastor decided he would take a sample of the water in the tank to see if he could pin-point what was wrong. After running the test, he found the water to have an extremely high level of ammonia. So, the pastor took about 25% of the bad water out and put fresh water in. He then noticed something about the fish. As the ammonia levels began to go down, almost immediately the fish started becoming more active. They began to swim and were no longer stagnant at the bottom of the tank. A small change was made and right away the fish responded.

This struck me as very applicable to each one of us. Sometimes, all we need is a small change. Not everything. You don't need to change everything. But you need to make some small changes in your life for where God is taking you. Over the next few days, think about something small that you can change to be better. Get up a little earlier to spend some quiet time with God. Help that person in need who you keep thinking about. Get more involved in the life of our school and church. Make a small change in your life and make it today!

Not a sermon...just a thought.

Mr. Hodge

Earn Casual Dress Days for a Cause

Beginning Monday, February 1, VHCA will follow a new way for our students and staff to earn Casual Dress Day Passes by supporting the Calvary Community Care Program (CCCCP).

Each week during this school year, every student and staff will have the opportunity to receive one Casual Dress Day Pass simply by bring in any five (5) non-perishable items. Therefore, the students and staff will be able to earn up to four (4) Casual Dress Day Passes each month.

Simply send in five items with your child to their homeroom on or before Friday of that week. The homeroom teacher will record the names and the items will be collected together every Friday and given to the CCCP for distribution which takes place the third Monday of every month.

Clorox Wipe Supply is Running Low

Many of our classes are running low on Clorox wipes to finish out the school year. If you could supply any extra of either item, we would appreciate it. Either send them in with your child or bring them into the school office. They will be distributed to the classes in need.

School-wide Snow Day Coming

We are planning to go to Camp BaYouCa for a school-wide snow day to their facility for an all-day snow sledding event. The details are enclosed on a flier. There is a cost involved and will include lunch. We are looking for drivers/chaperones.
PRAY FOR SNOW!



VHCA FUNDRAISING EFFORTS

To help keep tuition at an affordable level, VHCA participates in several on-going fundraising activities that we encourage all to support.

Schoolmall.com

Online sales generated through www.schoolmall.com helps raise funds that benefit VHCA. Over 400 nationally known online merchants have agreed to give a percentage of sales to K-12 schools including VHCA. Companies like Walmart, Sears, Target, Kohls, and Best Buy participate. SchoolMall is a great way to support your school when you shop at your favorite online merchants.

Tools for Schools

Price Chopper allows those who shop with their Advantage Card to give back to the school they register for. We currently have 52 shoppers registered for VHCA. We encourage any parents, grandparents, other family members, and friends to register. VHCA School Code is **17077**.

Tops in Education

Tops Friendly Markets contributes a percentage of every purchase to schools from customers who purchase TOPS, TopCare, or Full Circle brand products with their Tops Bonus Card. Complete details, register your card and select VHCA by visiting www.TopsMarkets.com/Education

Box Top\$ For Education

Clip Box Top\$ from hundreds of General Mills products and turn them in to VHCA. Each one is worth 10¢ and they do add up quickly.

Student Recognition

Matthew Diers, 11th grade VHCA Student was recently recognized as a 2015 Norwich YMCA Hero Honoree as a Youth Volunteer. Matthew and his parents attended a dinner where he received an award.



Congratulations Matthew for being recognized for your Christian Service in the community!

School Closings/Delays

We have been fortunate so far that we haven't had any unexpected school closings yet this winter but wanted to include this reminder just in case. Any school closings due to bad weather will be broadcast over radio stations **WCHN (AM970)**, **WKXZ (93.9FM, 95.3FM)**, **WCDO (100.9FM)**, television station **WBNG-TV (12)**, as well as www.vhcaonline.com, www.wbng.com, and www.evesun.com.

When the Norwich City Schools are closed for bad weather, VHCA will be closed.

Due to the fact that we have multiple school districts sending students to Valley Heights Christian Academy, our school does not delay. If the school district that a student lives in is delayed, then that student may arrive at the delayed time or before and not be considered tardy/absent – whether they arrive via bus or personal vehicle. If they arrive after the allotted delayed time, they will be marked accordingly.

www.vhcaonline.com

Set our website as a "favorite" and check it regularly to stay informed of events and other important information.