

Valley Heights Christian Academy



Established 1982
An outreach of Calvary Baptist Church
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VHCA DRESS CODE

Overall, a student's dress, grooming and appearance, including hair style/color, jewelry, make-up and nails, shall:

1. Be **CLEAN, NEAT, MODEST** and **FREE OF HOLES**
2. Be safe, appropriate and not disrupt or interfere with the educational process.
3. Ensure that under-garments are completely covered with outer clothing.
4. Hats, bandanas, and sunglasses must be placed in the lockers or backpacks upon entrance to school.

Pants, Leggings, Shorts & Capris

1. Pants must be waist high and loose fitting.
2. **NO** sweatpants.
3. Leggings (to the ankle) may not be worn as pants, and if worn, there shall be an outer garment that is **finger tip length** – front and back, not see-through, etc. Form fitting, running pants are considered leggings for the purpose of this dress code.
4. Belts are required to be worn if pants do not stay above the waist.
5. Shorts are to be **LOOSE** fitting and are to be **no shorter than the tip of the longest finger** with the hand extended down. *No biker/skin tight shorts allowed.*
6. Shorts and capris may be worn through September 30th in the Fall, and after May 1st in the Spring.

VHCA DRESS CODE CONTINUED ...

Skirts and Dresses

1. Skirts and dresses should be loose fitting.
2. Nothing shorter than 4" above the knee for skirts and dresses.

Tops, shirts and sweatshirts

1. Designs on shirts/sweatshirts are allowed. Designs cannot include items that are vulgar, obscene, and libelous or denigrate others because of race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender and sex. Designs must not promote and/or endorse the use of

alcohol, tobacco or illegal drugs and/or encourage other illegal or violent activities.

2. Shoulders shall be covered. Halter tops, net tops, spaghetti straps, tank tops, muscle shirts or shirts with large arm openings are not permitted, though sleeveless apparel is acceptable.
3. **No skin** is to be showing between shirt and pants/skirt/shorts – attire that exposes cleavage may not be worn.
4. Hoodies can be worn, but hoods **must** be down.

Hair, Jewelry, Makeup and Perfumes

1. Hair must be clean, brushed, **OUT OF THE EYES** and not interfere with classroom activities. If bangs are long enough to cover the eyes (*partially or fully*), they need to be clipped back (*headband, clips or tied*).
2. Facial hair must be clean and trimmed.
3. A reasonable amount of jewelry is acceptable. Jewelry that is excessive or distracting to the student's learning is prohibited.
4. Please be cognizant of offensive designs on jewelry.
5. Makeup applied that enhances the natural look is acceptable.
6. Moderation of perfumes and body sprays to avoid any allergy issues.

Shoes

1. Dress/casual shoes, boots, sneakers and sandals may be worn.
2. Sandals **must** have a back strap.
3. **NO** flip flops.
4. Footwear that is a safety hazard is not allowed.

P.E. Clothes

1. Loose fitting shirts, sweatpants and shorts may be worn.
2. Shorts must be no more than 4" above the knee.
3. No leggings, no biker/skin tight shorts.
4. Gym clothes are to be brought with students on the day they have P.E.

Elementary only (K4 – Grade 6):

Shorts (*any type*) or leggings **MUST** be worn under **ALL** dresses and skirts.

K4, K5, Gr. 1 & Gr. 2 must bring a COMPLETE extra set of clothing to leave at school.

If you are unsure of an item of clothing, please contact the office.